

# CHIP SCIENTIFIC PUBLICATIONS



LIFESTYLE  
MEDICINE  
INSTITUTE

1. Drozek D, DeFabio A, Amstadt R, Dogbey GY. 2019. "Body Mass Index Change as a Predictor of Biometric Changes Following an Intensive Lifestyle Modification Program." Accepted on March 6, 2019 for publication in *Advances in Preventive Medicine*.
2. Kotekal D, Worley M, Patel H, Jensen L, Dogbey G, Drozek D. 2019. "Effect of Household Member Participation in the Complete Health Improvement Program in Appalachia." *Advances in Preventive Medicine*, Jan 2019, doi:10.1155/2019/9648926.
3. Kent LM, Grant RG, Watts G, Morton DP, Rankin PM, Ward EJ. 2018. "HDL sub-fraction changes with a low-fat, plant-based Complete Health Improvement Program (CHIP)." *Asia Pacific Journal of Clinical Research*; 27(5):1002-1.
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6. Rankin P, Morton D, Kent L, Mitchell B. 2016. "A community-based lifestyle intervention targeting Type II Diabetes risk factors in an Australian Aboriginal population: a feasibility study. *Australian Indigenous Health Bulletin*, 16(3), 1-5.
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12. Drozek D, Diehl HA, Nakazawa M, Kostohryz T, Morton D, Shubrook JH. 2014. "Short-term effectiveness of a lifestyle intervention program for reducing selected chronic disease risk factors in individuals living in rural appalachia: a pilot cohort study." *Advances in Preventive Medicine*, Vol. 2014, Article ID 798184, 7 pages, 2014. doi:10.1155/2014/798184.
13. Morton D, Rankin P, Kent L, Sokolies R, Dysinger W, Gobble J, Diehl H. 2014. "The Complete Health Improvement Program (CHIP) and reduction of chronic disease risk factors in Canada." *Can J Diet Pract Res*, 75(2), 72-77. doi:10.3148/75.2.2014.72.
14. Kent LM, Morton DP, Rankin PM, Mitchell BG, Chang E, Diehl H. 2014. "Gender differences in effectiveness of the Complete Health Improvement Program (CHIP) lifestyle intervention: an Australasian study." *Health Promot J Austr*, 25(3), 222-229. doi:10.1071/HE14041.
15. Kent LM, Morton DP, Rankin PM, Gobble JE, Diehl HA. 2014. "Gender differences in effectiveness of the Complete Health Improvement Program (CHIP)." *J Nutri Educ Behav*, 47(1), 44-52. doi:http://dx.doi.org/10.1016/j.jneb.2014.08.016.
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20. Kent L, Morton D, Rankin P, Ward E, Grant R, Gobble J, Diehl H. 2013. "The effect of a low- fat, plant-based lifestyle intervention (CHIP) on serum HDL levels and the implications for metabolic syndrome status—a cohort study." *Nutr Metab (Lond)*, 10(1), 58.

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